

Park Programs

M A R C H						
SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	SATURDAY
<div><div><div><div></div></div><div>March 3</div></div><div><div><div></div></div><div>March 11</div></div></div> <div><div><div></div></div><div>March 18</div></div> <div><div><div></div></div><div>March 25</div></div>						<div><div>FORT FUNSTON Fort Funston Clean-up Day 9:30 AM</div><div>Tending the Peace Patch 10 AM–2 PM</div><div>LANDS END Birds on the Edge 8–10 AM</div><div>MARIN HEADLANDS</div><div>Wildflower Neighborhoods 10 AM–12:30 PM</div><div>PHLEGER ESTATE Small POST Saves Big Trees 10:30 AM–3:30 PM</div><div>PRESIDIO From Rubble to Renaissance 1–3:30 PM</div></div> <div>1</div>
<div><div>CRISSY FIELD CENTER</div><div>Agua Vida* 1–2:30 PM</div><div>The Secret Life of Lobos Creek 1–3 PM</div><div>MARIN HEADLANDS</div><div>Nike Missile Site Open House 12:30–3:30 PM</div><div>Dark Skies in Tennessee Valley 5:30–8:30 PM</div></div> <div>2</div>		<div><div>PRESIDIO</div><div>National Cemetery Walk 10 AM–12 noon</div></div> <div>4</div>		<div><div>MARIN HEADLANDS</div><div>Commemorate a Shipwreck 9 AM–12 noon</div><div>PRESIDIO</div><div>Ecological Restoration of the Waterfront 10:30 AM–12:30 PM</div></div> <div>6</div>		<div><div>CRISSY FIELD CENTER Crissy Field Aviation Walk 10–11:30 AM</div><div>LANDS END Legends of Lands End 12 noon–3:15 PM</div><div>City Star Party 6–7:30 PM</div><div>MARIN HEADLANDS</div><div>Mission Blue Butterfly Habitat Restoration 9 AM–12 noon</div><div>Racy Lives & Secret Stories of Wildflowers 10 AM–12 noon</div><div>PRESIDIO</div><div>Celebration of International Women’s Day 11 AM–5 PM</div><div>Walk on the Wild Side 1–3 PM</div></div> <div>8</div>
<div><div>MARIN HEADLANDS</div><div>Beginning Birding 9:30–11:30 AM</div><div>MUIR WOODS</div><div>Watershed Walk 10 AM–3 PM</div><div>PRESIDIO</div><div>Houses, Heroes, and History 1–2:30 PM</div></div> <div>9</div>		<div><div>PRESIDIO</div><div>Tennessee Hollow Watershed 12 noon–1:30 PM</div></div> <div>11</div>		<div><div>PRESIDIO</div><div>Shuttle through Time 12:50–2 PM</div></div> <div>13</div>		<div><div>CRISSY FIELD CENTER</div><div>Wetland Ecology: Crissy Field to Hunters Point 10 AM–2 PM</div><div>FORT POINT Wildflower Walk 10 AM–12 noon</div><div>LANDS END Shipwrecks at the Golden Gate 2–3 PM</div><div>MARIN HEADLANDS Bones, Bones, Bones 1–3 PM</div><div>PRESIDIO Crissy Field Clean-up Day 9 AM</div><div>Scenes from a Post 9:30-11:30 AM</div><div>Architecture Walk 1–3 PM</div><div>SUTRO HEIGHTS/SUTRO BATHS</div><div>Strolling at Sutro’s 12 noon–1:30 PM</div></div> <div>15</div>
<div><div>CRISSY FIELD CENTER</div><div>Pedaling the Presidio 1–2:30 PM</div><div>PRESIDIO</div><div>Survival Skills, Past and Present 1–2:30 PM</div></div> <div>16</div>	<div><div>MARIN HEADLANDS</div><div>Sunset Full Moon Walk to Point Bonita Lighthouse 5–7 PM</div></div> <div>17</div>	<div><div>FORT MASON</div><div>GGNRA Public Meeting 7 PM</div><div>MARIN HEADLANDS</div><div>Sunset Full Moon Walk to Point Bonita Lighthouse 5:30–7:30 PM</div><div>MUIR WOODS</div><div>Muir Woods by Moonlight 6–8 PM</div></div> <div>18</div>		<div><div>CRISSY FIELD CENTER</div><div>Environmental Justice and Water Issues 6:30–8 PM</div></div> <div>20</div>		<div><div>CRISSY FIELD CENTER Roots of Invasion 10–11:30 AM</div><div>Trip to the Bay Model 12:30–4 PM</div><div>MUIR WOODS Redwoods to the Ocean 9 AM–4 PM</div><div>PRESIDIO Horseshoes and Carrots 12:30–2 PM</div><div>Browsing through Presidio History 2–3:30 PM</div></div> <div>22</div>
<div><div>MARIN HEADLANDS</div><div>Long Hike for Little Legs 10:30 AM–2:30 PM</div></div> <div>23</div>						
<div><div>MARIN HEADLANDS</div><div>Coastal Trail Wildflower Hike 10 AM–2 PM</div></div> <div>30</div>						<div><div>FORT POINT Pier Crabbing 10 AM–12 noon</div></div> <div>29</div>
						<div>*Program presented in Spanish with English translation provided.</div>

Program Information

ALCATRAZ ISLAND
Open daily. Join ranger-led programs, use self-guiding brochures, and take an audio tour of the cellhouse to learn about this historic island. A captioned video program of Alcatraz history is shown every 30 minutes in the museum. Transcripts of the cell-house audio tour are available for hearing-impaired visitors. Phone 561-4900, 9 AM to 4 PM, for program information. ♿
SEAT (shuttle) transport is available for wheelchair users and visitors physically unable to walk up the quarter-mile, 12 percent grade hill. Children under 14 must be escorted by an adult; service animals allowed.
Daily ferry service originates at Pier 41, Fisherman’s Wharf. (The cellhouse audio tour can be purchased with ferry tickets.) Visit www.blueandgoldfleet.com or phone 705-5555 for boat schedules and reservations. Note: Alcatraz tickets frequently sell out as much as one week in advance. ♿
Visit Alcatraz’s expanded website: www.nps.gov/alcatraz

ONGOING
We Hold the Rock
In 1969, a group of Native Ameri-

cans began a highly publicized 19-month occupation of Alcatraz Island, marking the beginning of the modern Indian movement by America’s indigenous people. This award-winning permanent exhibit interweaves photographs, Native American music, historic video clips, and contemporary interviews with former occupiers.
Ranger-led programs are offered daily. Ask at the dock-level ranger station for times, locations, and topics. Following are some examples.

- **Alcatraz Is Indian Land**
- **Escapes**
- **Fortress Alcatraz**
- **The Natural Side of the Rock**
- **Two Hundred Years on the Rock**
- **U. S. Penitentiary Alcatraz Island**

Alcatraz Night Tour
An intimate experience designed especially for locals. Beautiful city views, a mysterious atmosphere, and special programs and behind-the-scenes tours offered only at night. Chosen “Best Tour of the Bay Area” by *San Francisco Magazine* and featured on “Bay

Area Backroads” (KRON 4). Operates year-round. Phone 705-5555 or visit www.blueandgoldfleet.com for schedules and tickets; phone 561-2946 for program information. Proceeds benefit the national parks.

CHINA BEACH PROGRAM
One Hundred Years of Solitude
A brief overview of how China Beach got its name, lost it, and got it back again here in “the Gold Mountain” (San Francisco). A very short walk to a very nice spot. Reservations requested; phone 239-2366.

CLIFF HOUSE
The Cliff House Visitor Center is closed to make way for the renovation of the historic Cliff House. For more information about this project, visit www.nps.gov/goga/clho/project, or contact Chris Powell in the GGNRA Public Affairs office at 561-4732.

CRISSY FIELD CENTER
The Center, open Tuesday through Sunday, 9 AM to 5 PM, is operated cooperatively by the National Park Service and the

Golden Gate National Parks Conservancy and is dedicated to viewing the environment through multicultural perspectives in partnership with communities. Located in Building 603 at the corner of Mason and Halleck streets in the Presidio, it offers a full roster of interpretive, educational, and environmental programs as well as drop-in labs and multicultural events. Many of the programs are free or low cost. For complete quarterly catalog, registration, and scholarship information, please phone 561-7690 or visit www.crissyfield.org. Following is a partial listing of programs. Programs meet at the Center unless otherwise noted and all require reservations; phone 561-7752. ♿

PROGRAMS
(*offered in Spanish)

Agua Vida*
Venga y escuche las historias y leyendas del Presidio de San Francisco mientras seguimos las aguas del Polin (uno de los nacimientos de agua mas importantes del Presidio de San Francisco) asta llegar a la cienega de Crissy Field. (English translation available)

Architecture Walk
See historic buildings and landscapes of the Presidio.

Crissy Field Aviation Walk
Explore Crissy Field and learn about its role in early aviation history. ♿

Earth, Wind, and Flowers
Learn how unusual geologic and weather conditions produce a unique ecosystem at the Presidio. ♿

Environmental Justice and Water Issues
A discussion of ways communities are dealing with water quality and environmental justice issues. Cosponsored by Environmental Justice Coalition for Water. ♿




Nature’s Deli
Discover edible native flora on a moderate, 2-mile walk.

Patriotism and Prejudice
Japanese-American soldiers trained for intelligence work and were sent to war as their families were moved to internment camps. Learn about this paradox. ♿

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A P R I L

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
CRISSY FIELD CENTER Survival Skills, Past and Present 1–2:30 PM MARIN HEADLANDS Beginning Birding 9:30–11:30 AM Nike Missile Site Open House 12:30–3:30 PM MUIR WOODS Big Lagoon Family Walk 10 AM–12:30 PM	7	8	9	10	11	CHINA BEACH One Hundred Years of Solitude 11 AM–12 NOON FORT FUNSTON Fort Funston Clean-up Day 9:30 AM Tending the Peace Patch 10 AM–2 PM
MARIN HEADLANDS Tennessee Valley Wildflower Hike 10 AM–1 PM PRESIDIO People Make a Difference 10 AM–12 noon Walk on the Wild Side 1–3 PM	14	15	16	17	18	19
CRISSY FIELD CENTER Nature’s Deli 10 AM–12 noon MARIN HEADLANDS Easter Morning Geology Walk 10 AM–12 noon	21	22	23	24	25	26
MARIN HEADLANDS Flowers: Form and Function 10–11:30 AM PRESIDIO Houses, Heroes, and History 1–2:30 PM	28	29	30			<div><div></div><div>April 1</div></div> <div><div></div><div>April 9</div></div> <div><div></div><div>April 16</div></div> <div><div></div><div>April 23</div></div> <div>*Daylight Savings Time begins April 6</div>

Program Information

Pedaling the Presidio
Spin your pedals and explore history and scenery on this 6-mile, moderately strenuous bicycle ride.

The Presidio Rocks
Learn the 160-million-year-old story that underlies the Presidio.

Roots of Invasion
Learn about the significance and ecological challenges of invasive plants at the Presidio.

The Secret Life of Lobos Creek
Join us on a 1-mile walk, from the headwaters at Lobos Creek Valley to Baker Beach. Cosponsored by the Presidio Trust.

Survival Skills, Past and Present
Learn how past residents of this area located food, water, and shelter. Children welcome.

Trip to the Bay Model
Visit the Army Corps of Engineers Bay Model in Sausalito and learn about a past plan to dam San Francisco Bay. \$12 per person.

Wetland Ecology from Crissy Field to Hunters Point
On this pedal-powered tour we’ll learn about the shoreline ecosystem, creeks that used to flow free, and the effects of human use over time. Cosponsored by Literacy for Environmental Justice and San Francisco Bicycle Coalition.

FORT FUNSTON
ONGOING
Fort Funston Clean-up Day
Bring dogs, friends, and family to help keep Fort Funston clean for everyone; held in conjunction with Fort Funston Dogwalkers. Volunteers meet on the first Saturday morning of the month at 9:30 AM in the parking lot. Phone Fort Funston Dogs at 468-1262 for more information.

Fort Funston Green Team
Restoring the habitat that once dominated San Francisco’s dunes, Fort Funston’s Green Team is propagating and planting up a storm. Food, friends, and fun every Saturday morning at the Ranger Station from 10 AM to 12:30 PM. Call 239-2366 for info.

PROGRAM
Tending the Peace Patch: Mindfulness Practice in Service
Join us as we use our work, restoring dune habitat, as an opportunity for mindfulness practice, touching the earth with conscious awareness and attention. Bring a sack lunch and water. Phone Karen at 346-3923 for reservations and information.

FORT MASON
Public Outreach Meetings
The Golden Gate National Recreation Area holds regular public meetings, which take place at Park Headquarters, Building 201, Fort Mason (Bay and Franklin streets) in San Francisco. For more information, contact Mike Feinstein at 561-4733, or visit www.nps.gov/goga/meetings.htm.

FORT POINT NATIONAL HISTORIC SITE
During the earthquake retrofit of Golden Gate Bridge, the fort will be open Friday, Saturday, and Sunday, 10 AM to 5 PM. Phone 556-1693 or 561-4395 to verify open hours.

Visit Fort Point’s expanded website: www.nps.gov/fopo/home.htm

ONGOING
“Building the Golden Gate Bridge”
Video made by Bethlehem Steel Company on the construction of this national civil engineering landmark.

Cannon Loading Demonstration
Learn how soldiers were taught to load and fire a Napoleon 12-pounder cannon during a Civil War artillery drill.

“Fort Point, Guardian of the Golden Gate”
Award-winning 30-minute video program about the history of Fort Point, from 1776 through World War II. Shown throughout the day in the theater.

The Fort Point staff offers a variety of programs. A schedule of these programs is posted at the entrance to the fort.

PROGRAMS
Pier Crabbing
Learn about crabs, nets, bait, and regulations at the Fort Point pier. We supply the nets, you supply the luck. Reservations required; phone 556-1693.

Wildflower Walk
Take an easy 1-mile walk along the wild edge of the city and see what’s in bloom. Reservations required; phone 556-1693.

LANDS END
PROGRAMS
Birds on the Edge
Join us for an easy, 3/4-mile walk to see the many land and water birds that frequent San Francisco’s “edge” at the coast. Beginners welcome. Meet at the Merrie Way parking lot, just east of Louis’ Restaurant at the end of Point Lobos Avenue. Dress in layers and bring binoculars or

spotting scope and bird field guide if possible. Rain cancels. Walk is limited to 25 people, reservations required; phone 239-2366.

City Star Party
Join the San Francisco Amateur Astronomers and use telescopes to watch and learn about the wonders of the night sky. Rain cancels. Meet at the USS *San Francisco* Memorial parking lot on El Camino del Mar, just north of 48th and Point Lobos avenues. Dress warmly and bring a flashlight. Reservations not required; phone 566-2357 for specific program information and current weather conditions.

Legends of Lands End
Take a 3.5-mile, strenuous hike and discover how individuals, time, and nature have left their marks at the crossroads of land and sea. Meet at the Lincoln Park Golf Course Clubhouse, 34th Avenue and Clement. Wear sturdy shoes and a windbreaker and bring binoculars. Rain cancels. Limited to 20 people, reservations required; phone 239-2366.

Shipwrecks at the Golden Gate
On a moderately strenuous hike, see and learn about ruins of some of the ships that perished on the

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MAY

<div><div><div></div><div></div><div></div><div></div></div><div>May 1May 9May 16May 23</div></div>				<div><div>PRESIDIO</div><div>Ecological Restoration of the Waterfront</div><div>10:30 AM –12:30 PM</div></div>		<div><div>FORT FUNSTON</div><div>Fort Funston Clean-up Day</div><div>9:30 AM</div><div>Tending the Peace Patch</div><div>10 AM–2 PM</div><div>LANDS END</div><div>Birds on the Edge</div><div>8–10 AM</div><div>MARIN HEADLANDS</div><div>Spring Family Camp</div><div>3 PM, MAY 3–12 noon, MAY 4</div><div>MUIR WOODS</div><div>Spring Bounty</div><div>10 AM–1 PM</div><div>PRESIDIO</div><div>General Pershing’s Presidio</div><div>11 AM–12 noon</div><div>Walk on the Wild Side</div><div>1–3 PM</div><div>SUTRO HEIGHTS/SUTRO BATHS</div><div>Strolling at Sutro’s</div><div>10–11:30 AM</div></div>
<div><div>CRISSY FIELD CENTER</div><div>Architecture Walk</div><div>1–3 PM</div><div>MARIN HEADLANDS</div><div>Beginning Birding</div><div>9:30–11:30 AM</div><div>Oakwood Valley Wildflower Walk</div><div>10 AM–12 noon</div><div>Nike Missile Site Open House</div><div>12:30–3:30 PM</div></div>				<div><div>PRESIDIO</div><div>Shuttle through Time</div><div>12:50–2 PM</div></div>		<div><div>CRISSY FIELD CENTER</div><div>The Presidio Rocks</div><div>10 AM–12 noon</div><div>FORT POINT</div><div>Pier Crabbing</div><div>10 AM–12 noon</div><div>LANDS END</div><div>Shipwrecks at the Golden Gate</div><div>2–3 PM</div><div>City Star Party</div><div>8–9:30 PM</div><div>MARIN HEADLANDS</div><div>Mission Blue Butterfly Habitat Restoration</div><div>9 AM–12 noon</div><div>Wildflower Photography Hike</div><div>9 AM–12 noon</div><div>Fort Baker Walking Tours</div><div>10–11 AM</div></div>
<div><div>MARIN HEADLANDS</div><div>Mother’s Day Point Bonita Wildflower Stroll</div><div>10–11:30 AM</div><div>PRESIDIO</div><div>Houses, Heroes, and History</div><div>1–2:30 PM</div></div>		<div><div>PRESIDIO</div><div>Tennessee Hollow Watershed</div><div>12 noon–1:30 PM</div></div>	<div><div>MARIN HEADLANDS</div><div>Sunset Full Moon Walk to Point Bonita Lighthouse</div><div>6:30–8:30 PM</div></div>	<div><div>MARIN HEADLANDS</div><div>Sunset Full Moon Walk to Point Bonita Lighthouse</div><div>7–9 PM</div><div>MUIR WOODS</div><div>Muir Woods by Moonlight</div><div>7–9 PM</div></div>		<div><div>MARIN HEADLANDS</div><div>The Town That Nearly Happened</div><div>9:30 AM–2:30 PM</div><div>Bones, Bones, Bones</div><div>1–3 PM</div><div>MUIR WOODS</div><div>Redwoods to the Ocean</div><div>9 AM–4 PM</div><div>OCEAN BEACH</div><div>100 Years of Life and Death at Ocean Beach</div><div>1–2:30 PM</div><div>PRESIDIO</div><div>Crissy Field Clean-up Day</div><div>9 AM</div></div>
<div><div>CRISSY FIELD CENTER</div><div>Patriotism and Prejudice</div><div>1–2:30 PM</div><div>MARIN HEADLANDS</div><div>Rodeo Valley Wildflower Hike</div><div>10 AM–2PM</div><div>PRESIDIO</div><div>Survival Skills, Past and Present</div><div>1–2:30 PM</div></div>		<div><div>FORT MASON</div><div>GGNRA Public Meeting</div><div>7 PM</div></div>				<div><div>FORT POINT</div><div>Pier Crabbing</div><div>10 AM–12 noon</div><div>PRESIDIO</div><div>Roots of Invasion</div><div>10 AM–12 noon</div><div>Horseshoes and Carrots</div><div>12:30–2 PM</div></div>
<div><div>MARIN HEADLANDS</div><div>Kirby Cove Nature Rove</div><div>10–11:30 AM</div><div>PRESIDIO</div><div>Buffalo Soldiers and America’s Quest for Empire</div><div>1–3 PM</div></div>	<div><div>PRESIDIO</div><div>Memorial Day 2003</div><div>10:30 AM–1 PM</div></div>					<div><div>LANDS END</div><div>Legends of Lands End</div><div>12 noon–3:15 PM</div></div>

rocky cliffs of the Golden Gate. Meet at the USS *San Francisco* Memorial parking lot on El Camino del Mar, just north of 48th and Point Lobos avenues. Rain cancels. Reservations suggested; phone 239-2366.

MARIN HEADLANDS

Marin Headlands Visitor Center is open daily, 9:30 AM to 4:30 PM. We invite you to begin your exploration of the parks here. Plan your outing or relax afterwards! Our award-winning exhibits introduce you to the parks' stories. Phone 331-1540. &

Visit Marin Headlands' expanded website: www.nps.gov/goga/mahe/

ONGOING

Marin Headlands Native Plant Nursery

Come grow with us! Volunteers help nurture thousands of native plants each year. Learn about native flora and enjoy the beauty of the Headlands while helping to restore natural habitat. The nursery hosts two drop-in volunteer programs each week: Wednesdays from 1 to 4 PM and Saturdays from 9 AM to 12 noon. Everyone is welcome and no experience is necessary.

For more information or large group reservations, please phone 332-5193.

Mission Blue Butterfly Habitat Restoration

Help restore habitat for the endangered Mission Blue butterfly and learn about the flora and fauna of Fort Baker. Meet on the main parade ground, rain or shine. Just show up, or call 561-4451 for more information.

Nike Missile Site

Open the first Sunday of each month, and Wednesday, Thursday, and Friday afternoons from 12:30 to 3:30 PM. Unique in the National Park Service, this restored Cold War anti-aircraft missile site has intriguing stories to tell. Imagine serving as a soldier here at a tense time in our nation's history. On-leash pets are welcome. Buildings above ground are accessible. ♿

For updated visiting hours or
tours, phone ahead: 331-1453.

Visit the Nike Missile web site:
www.nps.gov/goga/mahe/nimi

Point Bonita Lighthouse

Open each Saturday, Sunday, and Monday, 12:30 to 3:30 P.M. Meet Point Bonita docents along the lighthouse trail. This hidden, historic setting offers breathtaking views and many stories. Half-mile trail is steep in places. For more information, phone 331-1540.

PROGRAMS

Beginning Birding

Welcome our spring migrants back to the Marin Headlands. Bring your binoculars and join ornithologist Jane Haley on an easy walk beside Rodeo Lagoon. Meet at the visitor center. Phone 331-1540 for reservations.

Bones, Bones, Bones

Drop by the visitor center to meet “Roadkill Nancy” Valente and view her collection of skulls and bones from various animals. A hands-on experience for children of all ages. 6

Coastal Trail Wildflower Hike

Join Ken Lavin on a moderately strenuous 6-mile round-trip hike up Hill 88 to view the glorious display of spring wildflowers along the Coastal and Wolf Ridge trails. Call 331-1540 for reservations and meeting place.

Commemorate a Shipwreck

One hundred fifty years ago, the SS *Tennessee* went aground at the beach that now bears its name. Meet Steffen Bartschat at the Tennessee Valley Trailhead for an easy 4-mile round trip hike to Tennessee Beach to learn about the *Tennessee* and life in San Francisco during the 1850s.

Dark Skies in Tennessee Valley

Join Ken Lavin and Sarah Cramer for a moderate 4-mile round trip evening hike to Tennessee Beach. As we walk, we'll search the nighttime skies for the constellations of late winter and listen for things that go bump in the night. Meet at the Tennessee Valley trailhead. Phone 331-1540 for reservations.

Easter Morning Geology Walk

After you finish hunting for Easter eggs, come to the Headlands and join in an easy 2-mile hunt for Franciscan rocks. A very low tide will allow us to view the fascinating geology on display in the cliffs south of Rodeo Beach. Meet Ken Lavin at the footbridge to Rodeo Beach. Phone 331-1540 for reservations.

Flowers: Form and Function

Ever wonder why these pretty little presents from nature speckle the earth every spring? We'll explore the secret (and sometimes sordid) lives of flowers and their lovers on this short, easy hike. Meet Sarah Cramer at the visitor center. Phone 331-1540 for reservations.

Fort Baker Walking Tours

Tour three of Fort Baker's historic buildings and learn more about its past. Meet at Building 602 on the main parade ground,

rain or shine. Space is limited and reservations are required; phone 561-4484.

Full Moon Lighthouse Ride

Join Steffen Bartschat at the Tennessee Valley trailhead for a strenuous—and spectacular—dusk-to-night, 14-mile mountain bike tour of the Marin Headlands. Along the way, we will greet a rising full moon from a ridge top and experience the Point Bonita Lighthouse in all its nighttime glory. Lights and helmets required. Phone 331-1540 for reservations.

Kirby Cove Nature Rove

Take an easy 2-mile hike to learn about the plants, animals, geology, and human history of Kirby Cove. Meet Ken Lavin at Battery Spencer, the first pullout on Conzelman Road. Phone 331-1540 for reservations.

Long Hike for Little Legs

Calling all miniature mountaineers and their parents. Put one foot in front of the other to scale Hill 88, picnic at an abandoned radar station, see rocks from the seafloor, shout echoes in Battery Townsley's tunnels, tramp across a beach, and arrive back at the car just in time for a nap on the drive home. Meet Sarah Cramer at the visitor center [Continued on next page]

Program Information

for this moderately strenuous 5-mile loop hike. Phone 331-1540 for reservations.

Mother’s Day Point Bonita Wildflower Stroll

Join Ken Lavin on an easy 1-mile walk to view the varied wildflowers, native and introduced, along the Point Bonita Lighthouse trail. Meet at the Point Bonita Lighthouse trailhead. Phone 331-1540 for reservations.

Oakwood Valley Wildflower Walk

Join Ken Lavin on an easy 2-mile nature hike up Oakwood Valley to discover what’s blooming in this woodland setting. Phone 331-1540 for reservations and meeting place.

Racy Lives & Secret Stories of Wildflowers

Join Ranger emerita Gail Lester on an easy 1-mile stroll to explore the intriguing world of some fabulous wildflowers. Hear stories of plant uses through history and the bugs that are, shall we say, well-connected to the flowers. Phone 331-1540 for reservations and meeting place.

Rodeo Valley Wildflower Hike

This moderately strenuous 6-mile hike will take us up Rodeo Valley, across the SCA Trail, and down the Coastal Trail for great views and a beautiful display of late spring wildflowers. Meet Ken Lavin at the visitor center. Phone 331-1540 for reservations.

Spring Family Camp (overnight)

Bring your family on a short—1 easy mile—hike to beautiful Haypress Camp. Learn more about local wildflowers and history from Steffen Bartschat and share in the fun of a traditional campfire program. Meet at the Tennessee Valley trailhead. Phone 331-1540 for reservations.

Sunset Full Moon Walk to Point Bonita Lighthouse

Greet the rising moon at this wild edge of the continent. Spring is a time for showers and fanciful clouds! The 1/2-mile trail is steep in places. Meet park staff and docents at the Point Bonita Lighthouse trailhead. Phone 331-1540 for reservations.

Tennessee Valley Wildflower Hike

Join Ken Lavin on a moderately strenuous 6-mile hike to view the spring wildflower display in the Tennessee Valley. Meet at the Tennessee Valley trailhead. Phone 331-1540 for reservations.

The Town That Nearly Happened

The beauty of the Marin Headlands was almost lost when development of Marinello began in the 1960s. On this moderately strenuous 6-mile hike, learn how local citizens saved Gerbode Valley. Meet Ranger Roxi Farwell at the visitor center. Phone 331-1540 for reservations.

Wildflower Neighborhoods

Join Ranger Roxi Farwell on this easy 2-mile stroll to get acquainted with some of the early bloomers in the Marin Headlands. Call 331-1540 for reservations and meeting place.

Wildflower Photography Hike

Bring your camera and tripod to photograph spring wildflowers on this moderate 2- to 3-mile hike. Meet Al Greening at the visitor center. Phone 331-1540 for reservations.

Wildflowers of the Marin Headlands

We’ll explore one of the most picturesque ridges for wildflowers on this hearty climb. Meet

Ranger Roxi Farwell at the Tennessee Valley trailhead, near the parking lot for this moderately strenuous 5.5-mile hike. Phone 331-1540 for reservations.

Wildflowers of Wolf Ridge

It’s a hearty climb to this special wildflower community 900 feet above the sea. Meet Ranger Roxi Farwell at the Coastal Trail fire gate by the Rodeo Beach parking lot for this moderately strenuous 5-mile hike. Phone 331-1540 for reservations.

MUIR WOODS

Open every day, including holidays, between 8 AM and sunset; the visitor center is open 9 AM to 4:30 PM.

There is a \$3 entrance fee for adults (17 and up).

Rangers and volunteers present daily 15-minute ecology talks and guided 1-hour tours when staffing permits. Check the program board at the park entrance for times and locations. No reservations necessary.

Young people between the ages of 6 and 12 can become Muir Woods Junior Rangers. Ask about this program at the Information Table or in the visitor center.

Phone the Muir Woods Hotline, 388-2595, for updates on hours, seasonal news, trail conditions, and special program details.

Muir Beach and Muir Beach Overlook are open from 9 AM to one hour after sunset.

Visit Muir Woods’ expanded website: www.nps.gov/muwo/home.htm

PROGRAMS

Big Lagoon Family Walk

Join us for an easy, less-than-2-mile walk in the Muir Beach, Green Gulch, and Big Lagoon areas. Learn about this dynamic mosaic of habitats and how the NPS is working to revitalize them. Well-behaved dogs welcome on-leash. Reservations requested; phone 388-2596.

Muir Woods by Moonlight

Explore the magic of Muir Woods under a full moon. Learn about the secret nightlife of an old-growth redwood forest. Dress for the weather and bring a flashlight. Less than 2 miles, flat and paved. Limited to 30 people, reservations required; phone 388-2596.

Redwoods to the Ocean

Hike from an old growth redwood forest, through coastal scrub, and to the ocean. This strenuous 9.5-mile hike goes from Muir Woods to Stinson Beach and back. Meet Ranger Jim MacDonald at the Muir Woods Visitor Center. Wear sturdy shoes and bring lots of water, a snack, and lunch. This is a full day hike. Limited to 25 people, reservations required; phone 388-2596.

Spring Bounty

Join Ranger Jim MacDonald for a somewhat strenuous 4.5-mile hike experiencing the colorful wonders of spring. Meet at the Muir Woods Visitor Center. Wear sturdy shoes and bring water and a snack. Rain cancels. Limited to 25 people, reservations required; phone 388-2596.

Watershed Walk

Join us for a 6-mile, somewhat strenuous hike through the ancient redwood forest and up into the tributary valleys of Redwood Creek. Along the way you will discover the natural beauty of the watershed and learn some historical tidbits. Limited to 25 people, reservations required; phone 388-2596.

OCEAN BEACH

ONGOING

Adopt-A-Beach Clean-up Day

Bring friends and family to pitch in and help clean up Ocean Beach in conjunction with the San Francisco Chapter of the Surfriders. Bring gloves; trash bags are provided. Volunteers meet on Ocean Beach at different locations one day each month. (Please note: start times may be different each month, as they are set to coincide with low tide.) Look for the Surfriders flag. Phone 665-4155 for more information and locations.

PROGRAM

Life and Death at Ocean Beach

A century of saving lives—how Ocean Beach shaped the city. Meet in front of the Cliff House. Reservations required; phone 239-2366.

PHLEGER ESTATE

PROGRAM

Small POST saves Big Trees

How did five folks on a budget buy a \$25 million forest? Find out on as you hike a somewhat strenuous 6 miles in the redwoods. Meet at Huddart County Park located off Kings Mountain Road in Woodside. Bring lunch and water, and wear sturdy hiking shoes. Note: Huddart County Park charges a \$4 entrance fee. Reservations requested; phone 239-2366.

PRESIDIO OF SAN FRANCISCO

The William Penn Mott Jr. Visitor Center is open daily, 9 AM to 5 PM. The visitor center has been temporarily relocated to the Presidio Officers’ Club, Building 50, Moraga Avenue, in the Main Post area. For information and program reservations, phone 561-4323, unless otherwise indicated on program listing; TTY users, phone 561-4314. ☎

Visit the Presidio’s expanded website: www.nps.gov/prsf/home.htm

ONGOING

Crissy Field Clean-up Day

Bring dogs, friends, and family to this once-a-month event and help keep Crissy Field clean for everyone. Clean-up areas include the east and central beaches and the promenade area. Volunteers meet on the third Saturday morning of each month at 9 AM at the picnic tables in the East Parking Lot. Phone Crissy Field Dogs at 346-5934 for more information.

The Last Gun

How can a 50-ton gun “disappear”? Learn this and more while helping load and aim the last operational gun of its kind. Photos of the century-old Endicott system batteries in action are on display in an underground cartridge room. 11 AM to 3 PM, first full weekend of each month.

From 1 to 2 PM, attend an illustrated talk on the “Guns of San Francisco” and see how the gun emplacements around the Golden Gate National Parks protected San Francisco’s harbor during World War II. Located at Battery Chamberlin, at north end of Baker Beach parking lot. Phone 561-4323.

Women of the World, A Global Collection of Art

The Presidio Officers’ Club hosts a free art exhibition presented by the International Museum of Women from March 8 to April 13; 11 AM to 5 PM, Tuesday through Sunday; 11 AM through 8 PM, Wednesday; closed Monday.

From March 12 through April 9, an evening program series will be offered at 7 PM in the club’s Moraga Room. For more information, phone 415-543-IMOW, x16.

PROGRAMS

Architecture Walk

Take an easy 1-mile walk with Docent Nora Klebow and see historic buildings and landscapes of the Presidio and hear how the post developed. Bring your camera! Rain cancels. Call for meeting place. Reservations required.

Browsing through Presidio History

Join us for an easy, 1.5-mile walk through the heart of the Presidio. Meet Roger Goldberg at the relocated visitor center.

Buffalo Soldiers and America’s Quest for Empire

Join a moderate, 1-mile walk and learn about the moral dilemmas faced by black soldiers in the early years of the twentieth century. Meet Ranger Rik Penn at the relocated visitor center.

Celebration of International Women’s Day

Opening of the “Women of the World” art exhibition.

Ecological Restoration of the Waterfront

Learn why the Crissy Field tidal marsh, once thought useless, is now seen as a beautiful necessity. Rain cancels this easy 2-mile walk. Meet Docent Bob Halsey at the corner of Halleck and Mason in front of the Crissy Field Center. Reservations required.

From Rubble to Renaissance

Take an easy 3-mile hike with Docent Rick Spear and learn how San Francisco dazzled the world with its 1915 Panama-Pacific International Exposition just nine years after the 1906 earthquake and fire. Rain cancels. Call for meeting place. Reservations required.

General Pershing’s Presidio

Visit sites from “Black Jack” Pershing’s time and learn about army life at the Presidio in the years just prior to World War I. Meet Docent Bob Bowen at the flagpole near Arguello Boulevard and Moraga Avenue for this easy 1.5-mile walk. ☎

Horseshoes and Carrots

Horses in the Presidio? Tour the historic stables and meet the mounted Park Police’s four-legged friends. A great activity for children. Bring a carrot if you like. This moderate 1/2-mile walk with Docent Denise Chapleau ends at the stables. Rain cancels. Call for meeting place. Reservations required.

Houses, Heroes, and History

On an easy 1-mile walk, explore the heart of the Presidio and learn about this former army post’s past and its future. Meet Docent Jim Farquharson at the relocated visitor center. Rain cancels. Reservations required. ☎

Memorial Day 2003

Main Post parade, National Cemetery program and walks, concert. For more information, phone 561-5500.

National Cemetery Walk

Hear about Medal of Honor recipients: a Union spy, an Indian scout, Buffalo Soldiers, and others interred here. This 1-mile walk with Docent Galen Dillman has a steep uphill climb. Call for meeting place. Reservations required.

People Make a Difference

Feeling powerless? Parks showcase the ways individuals can make positive changes to society.

Hear about these people and their contributions on an easy, 1-mile walk. Meet Ranger James Osborne at Crissy Field Center, corner of Halleck and Mason streets. ☎

Roots of Invasion

Enjoy an easy 1-mile walk on the Ecology Trail and learn about the significance and ecological challenges of invasive plants at the Presidio. Meet Ranger Susan Robinson at the relocated visitor center.

Scenes from a Post

Work on your photographic technique while exploring hidden architectural and natural treasures on a moderate 2-mile walk. Bring your camera. Rain cancels. Meet Ranger Will Elder at the relocated visitor center.

Shuttle through Time

Take the PresidiGo shuttle and travel through time as you hear stories spanning the centuries. Meet the ranger at the relocated visitor center. Reservations required. ☎

Survival Skills, Past and Present

Join an easy 1-mile walk and learn how past residents of this area located food, water, and shelter. Some present-day survival skills included. Children welcome. Meet Docent Stephen Strugnell at Crissy Field Center, corner of Halleck and Mason streets. Reservations required.

Tennessee Hollow Watershed

Discover little-known El Polin Spring on a moderate, 1-mile, lunch-hour walk. Explore the history of this unique ecosystem, where fresh water flows to the Crissy Marsh, serpentine grasslands bloom, and fertility myths were born. Meet at Inspiration Point, wear comfortable walking shoes. Rain cancels. Reservations required.

They Called It Home

Visit two cottages built for refugees of the San Francisco earthquake and fire and learn about those left homeless after the April 18, 1906, disaster. Meet Docent Bob Bowen at the corner of Lincoln Boulevard and Funston Avenue.

Walk on the Wild Side

The Presidio has wonderful natural areas to explore. Learn about plants, animals, and geology on this moderate 2-mile hike with Docent Holly Mitten. Call for meeting place. Reservations required.

SWEENEY RIDGE

ONGOING

Friends of Sweeney Ridge Stewardship Day

Join Friends of Sweeney Ridge as they restore wildlife habitat at the site named by the one of *San Francisco Chronicle* as one of the Bay Area’s top ten hiking spots. Phone 239-2366 for meeting place and information.

PROGRAM

Sweeney Ridge Saunter

Hike the greatest place you’ve never been! Sweeney Ridge holds the story of the Spanish “discovery” of the San Francisco Bay while offering sweeping ocean and bay views. Reservations requested; phone 239-2366.